

NCF partners with stakeholders for Fitness Camp



NCF partners with stakeholders in organizing fitness camp for young and middle-aged people, for both men and women. The mission was to provide an opportunity for young and elderly people to improve their health and self-esteem through weight loss, regardless of previous family background, race or gender.

Our purpose to support, educate, provide logistics facilitate this event. This kind of event helps and allows fostering positive growth in social behaviors, health literacy, faith and leadership. All stake holders of this event pledged themselves to the outcome of this session through dedication, demonstration and giving out their valuable time for a healthier and altruistic society.

This was conducted in the heart of the Luanda city.